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Man With Abdominal Pain and Bilious Emesis.

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Figure 1. Noncontrast CT of the abdomen (axial view), demonstrating extensive gas in the portal system (arrows).

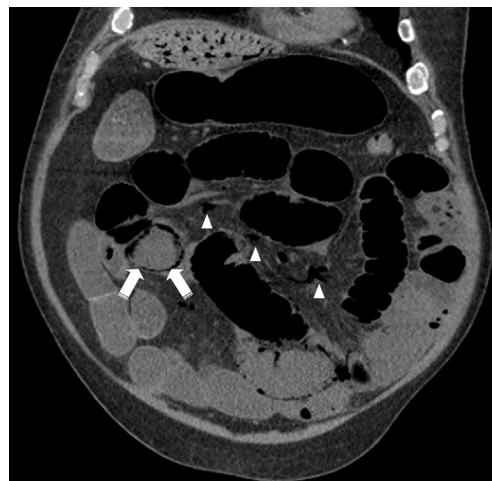


Figure 3. Noncontrast CT of the abdomen (coronal view), demonstrating gas in the mesenteric venous system (arrowheads) and diffusely dilated loops of bowel with pneumatosis (arrows).



Figure 2. Noncontrast CT of the abdomen (axial view), showing gas in the mesenteric venous system (arrowheads) and diffusely dilated loops of bowel with pneumatosis (arrows).

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Figure 4. Noncontrast CT of the abdomen (sagittal view), showing gas in the portal (solid arrows) and mesenteric (arrowheads) venous systems, and diffusely dilated small bowel with pneumatosis (striped arrows).

A 62-year-old man with diabetes, chronic kidney disease, and atrial fibrillation presented to our emergency department with sudden-onset abdominal pain and bilious emesis. Initial vital signs showed a blood pressure of 90/60 mm Hg, pulse rate of 135 beats/min, and tympanic membrane temperature of 36.8°C (98.2°F). Physical examination was notable for a distended abdomen with rebound tenderness and hypoactive bowel sounds. Initial laboratory testing result was notable for leukocytosis. Noncontrast enhanced abdominal computed tomography (CT) showed extensive gas in the mesenteric and hepatic portal venous system, and small bowel dilatation with pneumatosis (Figures 1 to 4).

For the diagnosis and teaching points, see page 653.

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DIAGNOSIS:

Mesenteric ischemia. Hepatic portal venous gas with the finding of pneumatosis intestinalis is most frequently associated with ischemic bowel. CT showed extensive gas in the portal (Figures 1 and 4, solid arrows) and mesenteric venous systems (Figures 2 to 4, arrowheads), and diffusely dilated small bowel with pneumatosis (Figures 2 to 4, striped arrows). The patient underwent partial small bowel resection and had an uneventful postoperative course. The cause of small bowel ischemia was an embolic source related to his atrial fibrillation.

The precise mechanism for the formation of gas in the hepatic portal venous system remains uncertain. The primary factors that favor the development of hepatic portal venous gas are increased intestinal permeability, bowel distention, and sepsis.¹ The most significant and prevailing cause of hepatic portal venous gas in adults is mesenteric ischemia.² However, the association of hepatic portal venous gas with this disease process does not imply a worse prognosis; therefore, surgical treatment should not be excluded when this sign is present.³

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